Calculate sums with [R]

$$
\begin{aligned}
& \sum \sum\left(n_{f_{f}}-\widehat{\left.\overline{f_{f}}\right)}\left(n_{f^{\prime}}-\widehat{\lambda_{f^{f}}}\right)\right.
\end{aligned}
$$

$$
\begin{aligned}
& \widehat{V_{U U}}=\frac{\sum_{f i}\left[\left(n_{f i} \widehat{\lambda_{f}}\right)^{2}-n_{f}\right]}{\sum_{f i} \widehat{\lambda_{f}^{2}}}
\end{aligned}
$$

