1 Introduction

The `reshape()` function reshapes datasets in the so-called ‘wide’ format (with repeated measurements in separate columns of the same row) to the ‘long’ format (with the repeated measurements in separate rows), and vice versa.

`reshape()` is a somewhat complicated function, and this vignette gives a few examples of how it can be used. Although `reshape()` can be used in a variety of contexts, the motivating application is data from longitudinal studies, and the arguments of this function are named and described in those terms. See the documentation (`help(reshape)`) for background and detailed usage.

For our examples, we will simulate data from a study where individuals are measured at two time points. Two of the measurements are time-varying: height and weight, and one of the measurements is time-constant: sex.

2 Conversion from wide to long format

We first simulate data in the wide format. Data from each individual is contained in one row, with one column for time-constant variables and multiple columns for time-varying variables. Here there are two time points (before and after), so there are two columns for each time-varying variable.

```r
> set.seed(12345)
> n <- 5
> d1 <- data.frame(sex = sample(c("M", "F"), n, rep = TRUE),
ht.before = round(rnorm(n, 165, 6), 1),
ht.after = round(rnorm(n, 165, 6), 1),
wt.before = round(rnorm(n, 80, 6)),
wt.after = round(rnorm(n, 80, 6)))
> d1

sex ht.before ht.after wt.before wt.after
1 F 159.2 164.4 78 78
2 F 165.1 163.5 81 88
3 F 178.9 175.0 80 73
4 F 158.8 162.3 65 79
5 F 146.7 168.3 83 84
```
Suppose we want to convert this dataset into the long format, with two rows for each individual, and one column for each variable (both time-constant and time-varying). Such a representation will need two additional variables to distinguish between multiple rows corresponding to the same individual (corresponding to one row in the wide format): a time-variable and an id-variable. These will be automatically created when converting from wide to long format.

However, we do need to specify which columns in the wide format correspond to the same time-varying variable(s). This is easiest to do when we have only one time-varying variable. Although we have two such in our example, let us pretend that only height is time-varying. The corresponding columns can be specified as the varying argument. The two weight variables will then be assumed to be different time-constant variables, similar to sex.

```r
> reshape(d1, direction = "long",
         varying = c("ht.before", "ht.after"))

sex wt.before wt.after time ht id
1.before F  78  78  before 159.2 1
2.before M  81  88  before 165.1 2
3.before F  80  73  before 178.9 3
4.before F  65  79  before 158.8 4
5.before F  83  84  before 146.7 5
1.after F  78  78  after 164.4 1
2.after M  81  88  after 163.5 2
3.after F  80  73  after 175.0 3
4.after F  65  79  after 162.3 4
5.after F  83  84  after 168.3 5
```

It is equivalent to specify the variables as column indices.

```r
> reshape(d1, direction = "long",
         varying = c(2, 3))

sex wt.before wt.after time ht id
1.before F  78  78  before 159.2 1
2.before M  81  88  before 165.1 2
3.before F  80  73  before 178.9 3
4.before F  65  79  before 158.8 4
5.before F  83  84  before 146.7 5
1.after F  78  78  after 164.4 1
2.after M  81  88  after 163.5 2
3.after F  80  73  after 175.0 3
4.after F  65  79  after 162.3 4
5.after F  83  84  after 168.3 5
```

Note that the names of the combined variable, as well as the values of the time variable, are automatically detected because the names happen to be “nicely” formatted. Suppose we instead had

```r
> n <- 5
> d2 <- data.frame(sex = sample(c("M", "F"), n, rep = TRUE),
                  age = sample(1:5, n, replace = TRUE),
                  id = rep(1:n, n))
```

```r
> reshape(d2, direction = "long",
         varying = c("age", "id"))

sex age id
1.before F   2 1
2.before M   4 2
3.before F   3 3
4.before F   1 4
5.before F   5 5
1.after F   2 1
2.after M   4 2
3.after F   3 3
4.after F   1 4
5.after F   5 5
```

```r
> reshape(d2, direction = "long",
         varying = c(3, 4))

sex age id
1.before F   2 1
2.before M   4 2
3.before F   3 3
4.before F   1 4
5.before F   5 5
1.after F   2 1
2.after M   4 2
3.after F   3 3
4.after F   1 4
5.after F   5 5
```
ht_before = round(rnorm(n, 165, 6), 1),
ht_after = round(rnorm(n, 165, 6), 1),
wt_before = round(rnorm(n, 80, 6)),
wt_after = round(rnorm(n, 80, 6)))

Modifying the previous call gives:

> try(
  reshape(d2, direction = "long",
    varying = c("wt_before", "wt_after")),
)

Error in guess(varying) :
  failed to guess time-varying variables from their names

This is easy to "fix" in this case because the names are still nicely formatted, just not using
the separator that reshape() expects by default.

> reshape(d2, direction = "long",
    varying = c("wt_before", "wt_after"), sep = "_")

    sex ht_before ht_after time  wt id
1. before F  175.8  169.9 before 83 1
2. before M  162.1  178.2 before 78 2
3. before F  168.7  177.3 before 70 3
4. before M  168.7  174.8 before 91 4
5. before F  164.0  166.5 before 80 5
1. after F  175.8  169.9 after  87 1
2. after M  162.1  178.2 after  66 2
3. after F  168.7  177.3 after  74 3
4. after M  168.7  174.8 after  86 4
5. after F  164.0  166.5 after  85 5

A more general solution is to specify the name of the new combined column explicitly as
the v.names argument.

> reshape(d2, direction = "long",
    varying = c("wt_before", "wt_after"),
    v.names = "weight")

     sex ht_before ht_after time weight id
  1.1 F  175.8  169.9  1   83 1
  2.1 M  162.1  178.2  1   78 2
  3.1 F  168.7  177.3  1   70 3
  4.1 M  168.7  174.8  1   91 4
  5.1 F  164.0  166.5  1   80 5
  1.2 F  175.8  169.9  2   87 1
  2.2 M  162.1  178.2  2   66 2
  3.2 F  168.7  177.3  2   74 3
  4.2 M  168.7  174.8  2   86 4
  5.2 F  164.0  166.5  2   85 5

3
We can additionally specify the names and values of the id / time variables as well.

```r
> reshape(d2, direction = "long",
    varying = c("wt_before", "wt_after"),
    v.names = "weight",
    timevar = "when", times = c("pre", "post"),
    idvar = "subject", ids = letters[1:n])
```

```
<table>
<thead>
<tr>
<th>sex</th>
<th>ht_before</th>
<th>ht_after</th>
<th>when</th>
<th>weight</th>
<th>subject</th>
</tr>
</thead>
<tbody>
<tr>
<td>a</td>
<td>175.8</td>
<td>169.9</td>
<td>pre</td>
<td>83</td>
<td>a</td>
</tr>
<tr>
<td>b</td>
<td>162.1</td>
<td>178.2</td>
<td>pre</td>
<td>78</td>
<td>b</td>
</tr>
<tr>
<td>c</td>
<td>168.7</td>
<td>177.3</td>
<td>pre</td>
<td>70</td>
<td>c</td>
</tr>
<tr>
<td>d</td>
<td>168.7</td>
<td>174.8</td>
<td>pre</td>
<td>91</td>
<td>d</td>
</tr>
<tr>
<td>e</td>
<td>164.0</td>
<td>166.5</td>
<td>pre</td>
<td>80</td>
<td>e</td>
</tr>
</tbody>
</table>
```

Note that the `times` argument is ignored when automatic guessing is performed, i.e., when `v.names` is not explicitly specified.

```r
> reshape(d2, direction = "long",
    varying = c("wt_before", "wt_after"), sep = ",",
    ## v.names = "wt", # without this, 'times' is unused
timevar = "when", times = c("pre", "post"))
```

```
<table>
<thead>
<tr>
<th>sex</th>
<th>ht_before</th>
<th>ht_after</th>
<th>when</th>
<th>wt</th>
<th>id</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>175.8</td>
<td>169.9</td>
<td>before</td>
<td>83</td>
<td>1</td>
</tr>
<tr>
<td>2</td>
<td>162.1</td>
<td>178.2</td>
<td>before</td>
<td>78</td>
<td>2</td>
</tr>
<tr>
<td>3</td>
<td>168.7</td>
<td>177.3</td>
<td>before</td>
<td>70</td>
<td>3</td>
</tr>
<tr>
<td>4</td>
<td>168.7</td>
<td>174.8</td>
<td>before</td>
<td>91</td>
<td>4</td>
</tr>
<tr>
<td>5</td>
<td>164.0</td>
<td>166.5</td>
<td>before</td>
<td>80</td>
<td>5</td>
</tr>
</tbody>
</table>
```

So far, we have only specified one time-varying variable, but our data actually has two. How do we specify multiple time-varying variables? This depends on whether the variable names are in a guessable format.

### 2.1 Explicitly specifying variables names

The general approach is to explicitly specify both `varying` and `v.names` as before. `v.names` should be a vector of new variable names in the long format, and `varying` should either be a list, with each component giving the corresponding wide format variable names, or a matrix, with each row giving the corresponding wide format variable names.
> reshape(d2, direction = "long",
  varying = list(c("ht_before", "ht_after"),
  c("wt_before", "wt_after")), # list form
  v.names = c("height", "weight"),
  times = c("pre", "post"))

sex time height weight id
1.pre F pre 175.8 83 1
2.pre M pre 162.1 78 2
3.pre F pre 168.7 70 3
4.pre M pre 168.7 91 4
5.pre F pre 164.0 80 5
1.post F post 169.9 87 1
2.post M post 178.2 66 2
3.post F post 177.3 74 3
4.post M post 174.8 86 4
5.post F post 166.5 85 5

> reshape(d2, direction = "long",
  varying = rbind(c("ht_before", "ht_after"),
                   c("wt_before", "wt_after")), # matrix form
  v.names = c("height", "weight"))

sex time height weight id
1.1 F 1 175.8 83 1
2.1 M 1 162.1 78 2
3.1 F 1 168.7 70 3
4.1 M 1 168.7 91 4
5.1 F 1 164.0 80 5
1.2 F 2 169.9 87 1
2.2 M 2 178.2 66 2
3.2 F 2 177.3 74 3
4.2 M 2 174.8 86 4
5.2 F 2 166.5 85 5

The times argument has been omitted in the second example above, and the default is to use sequential times. The v.names argument can be omitted as well, but the default is not generally sensible.

Of course, the time and id variables can also be controlled in the usual way as long as v.names is specified.

> reshape(d2, direction = "long",
  varying = rbind(c("ht_before", "ht_after"),
                   c("wt_before", "wt_after")),
  v.names = c("height", "weight"),
  timevar = "when",
  times = c("pre", "post"),
  idvar = "subject",
  ids = letters[1:n])
sex when height weight subject
a.pre  F pre 175.8 83 a
b.pre  M pre 162.1 78 b
c.pre  F pre 168.7 70 c
d.pre  M pre 168.7 91 d
e.pre  F pre 164.0 80 e
a.post F post 169.9 87 a
b.post M post 178.2 66 b
c.post F post 177.3 74 c
d.post M post 174.8 86 d
e.post F post 166.5 85 e

2.2 Variables names in a guessable format

Even when variable names are in a guessable format, \texttt{reshape()} will not try to guess if multiple time-varying variables are provided as a list or matrix. However, when the wide format variable names are suitably formatted in the same manner for all time-varying variables, it is still possible to take advantage of automatic guessing by specifying the \texttt{varying} argument as an atomic vector (of either names or indices) containing all time-varying columns.

\begin{verbatim}
> reshape(d2, direction = "long",
  varying = c("ht_before", "ht_after",
               "wt_before", "wt_after"), sep = " ")

sex time ht wt id
1.before F before 175.8 169.9 1
2.before M before 162.1 178.2 2
3.before F before 168.7 168.7 3
4.before M before 168.7 174.8 4
5.before F before 164.0 166.5 5
1.after F after 169.9 177.3 1
2.after M after 178.2 174.8 2
3.after F after 177.3 168.7 3
4.after M after 174.8 168.7 4
5.after F after 166.5 166.5 5
\end{verbatim}

The atomic vector form of \texttt{varying} can be combined with explicit (non-guessed) specification of \texttt{v.names} as well, but in that case, one needs to pay careful attention to the order of variable names in \texttt{varying}. The following gives wrong results:

\begin{verbatim}
> reshape(d2, direction = "long",
  varying = c("ht_before", "ht_after",
               "wt_before", "wt_after"),
  v.names = c("height", "weight"))

sex time height weight id
1.1 F 1 175.8 169.9 1
2.1 M 1 162.1 178.2 2
3.1 F 1 168.7 177.3 3
4.1 M 1 168.7 174.8 4
\end{verbatim}
The correct order requires all columns corresponding to the same time to be contiguous; this is the same intrinsic column-major ordering in the matrix form above. It is best to avoid the atomic vector form of `varying` unless `v.names` is being omitted.

### 2.3 Repeated application of `reshape`

Just as an illustration, let us try to create an even longer dataset that combines height and weight together in a single column.

```r
> dlong <-
  reshape(d2, direction = "long",
  varying = c("ht_before", "wt_before",
              "ht_after", "wt_after"),
  v.names = c("height", "weight"),
  timevar = "when", times = c("pre", "post"),
  idvar = "subject", ids = letters[1:n])
> reshape(dlong, direction = "long",
  varying = c("height", "weight"),
  v.names = "combined",
  timevar = "what", times = c("height", "weight"))
```

<table>
<thead>
<tr>
<th>sex</th>
<th>when</th>
<th>subject</th>
<th>what</th>
<th>combined</th>
<th>id</th>
</tr>
</thead>
<tbody>
<tr>
<td>F</td>
<td>pre</td>
<td>a</td>
<td>height</td>
<td>175.8</td>
<td>1</td>
</tr>
<tr>
<td>M</td>
<td>pre</td>
<td>b</td>
<td>height</td>
<td>162.1</td>
<td>2</td>
</tr>
<tr>
<td>F</td>
<td>pre</td>
<td>c</td>
<td>height</td>
<td>168.7</td>
<td>3</td>
</tr>
<tr>
<td>M</td>
<td>pre</td>
<td>d</td>
<td>height</td>
<td>168.7</td>
<td>4</td>
</tr>
<tr>
<td>F</td>
<td>pre</td>
<td>e</td>
<td>height</td>
<td>164.0</td>
<td>5</td>
</tr>
<tr>
<td>F</td>
<td>post</td>
<td>a</td>
<td>height</td>
<td>169.9</td>
<td>6</td>
</tr>
<tr>
<td>M</td>
<td>post</td>
<td>b</td>
<td>height</td>
<td>178.2</td>
<td>7</td>
</tr>
<tr>
<td>F</td>
<td>post</td>
<td>c</td>
<td>height</td>
<td>177.3</td>
<td>8</td>
</tr>
<tr>
<td>M</td>
<td>post</td>
<td>d</td>
<td>height</td>
<td>174.8</td>
<td>9</td>
</tr>
<tr>
<td>F</td>
<td>post</td>
<td>e</td>
<td>height</td>
<td>166.5</td>
<td>10</td>
</tr>
<tr>
<td>F</td>
<td>pre</td>
<td>a</td>
<td>weight</td>
<td>83.0</td>
<td>1</td>
</tr>
<tr>
<td>M</td>
<td>pre</td>
<td>b</td>
<td>weight</td>
<td>78.0</td>
<td>2</td>
</tr>
<tr>
<td>F</td>
<td>pre</td>
<td>c</td>
<td>weight</td>
<td>70.0</td>
<td>3</td>
</tr>
<tr>
<td>M</td>
<td>pre</td>
<td>d</td>
<td>weight</td>
<td>91.0</td>
<td>4</td>
</tr>
<tr>
<td>F</td>
<td>pre</td>
<td>e</td>
<td>weight</td>
<td>80.0</td>
<td>5</td>
</tr>
<tr>
<td>F</td>
<td>post</td>
<td>a</td>
<td>weight</td>
<td>87.0</td>
<td>6</td>
</tr>
<tr>
<td>M</td>
<td>post</td>
<td>b</td>
<td>weight</td>
<td>66.0</td>
<td>7</td>
</tr>
<tr>
<td>F</td>
<td>post</td>
<td>c</td>
<td>weight</td>
<td>74.0</td>
<td>8</td>
</tr>
<tr>
<td>M</td>
<td>post</td>
<td>d</td>
<td>weight</td>
<td>86.0</td>
<td>9</td>
</tr>
<tr>
<td>F</td>
<td>post</td>
<td>e</td>
<td>weight</td>
<td>85.0</td>
<td>10</td>
</tr>
</tbody>
</table>

Can we get this directly from d2 using a single reshape() call? We can, except that we will get a composite time variable (which can be easily split if needed).

```r
ger reshape(d2, direction = "long",
  v.names = "combined",
  varying = c("ht_before", "ht_after", "wt_before", "wt_after"),
  timevar = "when_what",
  times = c("pre_height", "post_height", "pre_weight", "post_weight"),
  idvar = "subject", ids = letters[1:n])
```

<table>
<thead>
<tr>
<th>sex</th>
<th>when_what</th>
<th>combined</th>
<th>subject</th>
</tr>
</thead>
<tbody>
<tr>
<td>a</td>
<td>pre_height</td>
<td>175.8</td>
<td>a</td>
</tr>
<tr>
<td>b</td>
<td>pre_height</td>
<td>162.1</td>
<td>b</td>
</tr>
<tr>
<td>c</td>
<td>pre_height</td>
<td>168.7</td>
<td>c</td>
</tr>
<tr>
<td>d</td>
<td>pre_height</td>
<td>168.7</td>
<td>d</td>
</tr>
<tr>
<td>e</td>
<td>pre_height</td>
<td>164.0</td>
<td>e</td>
</tr>
<tr>
<td>a</td>
<td>post_height</td>
<td>169.9</td>
<td>a</td>
</tr>
<tr>
<td>b</td>
<td>post_height</td>
<td>178.2</td>
<td>b</td>
</tr>
<tr>
<td>c</td>
<td>post_height</td>
<td>177.3</td>
<td>c</td>
</tr>
<tr>
<td>d</td>
<td>post_height</td>
<td>174.8</td>
<td>d</td>
</tr>
<tr>
<td>e</td>
<td>post_height</td>
<td>166.5</td>
<td>e</td>
</tr>
<tr>
<td>a</td>
<td>pre_weight</td>
<td>83.0</td>
<td>a</td>
</tr>
<tr>
<td>b</td>
<td>pre_weight</td>
<td>78.0</td>
<td>b</td>
</tr>
<tr>
<td>c</td>
<td>pre_weight</td>
<td>70.0</td>
<td>c</td>
</tr>
<tr>
<td>d</td>
<td>pre_weight</td>
<td>91.0</td>
<td>d</td>
</tr>
<tr>
<td>e</td>
<td>pre_weight</td>
<td>80.0</td>
<td>e</td>
</tr>
<tr>
<td>a</td>
<td>post_weight</td>
<td>87.0</td>
<td>a</td>
</tr>
<tr>
<td>b</td>
<td>post_weight</td>
<td>66.0</td>
<td>b</td>
</tr>
<tr>
<td>c</td>
<td>post_weight</td>
<td>74.0</td>
<td>c</td>
</tr>
<tr>
<td>d</td>
<td>post_weight</td>
<td>86.0</td>
<td>d</td>
</tr>
<tr>
<td>e</td>
<td>post_weight</td>
<td>85.0</td>
<td>e</td>
</tr>
</tbody>
</table>

### 3 Conversion from wide to long format

Conversion from long to wide format is generally simpler. Let us simulate long format data from the same hypothetical setup.

```r
> d3 <- data.frame(sex = sample(c("M", "F"), 2 * n, rep = TRUE),
  ht = round(rnorm(2 * n, 165, 6), 1),
  wt = round(rnorm(2 * n, 80, 6)),
  subject = rep(1:n, 2),
  when = rep(c("pre", "post"), each = n))

> d3
```

<table>
<thead>
<tr>
<th>sex</th>
<th>ht</th>
<th>wt</th>
<th>subject</th>
<th>when</th>
</tr>
</thead>
<tbody>
<tr>
<td>M</td>
<td>161.8</td>
<td>81</td>
<td>1</td>
<td>pre</td>
</tr>
<tr>
<td>M</td>
<td>176.7</td>
<td>72</td>
<td>2</td>
<td>pre</td>
</tr>
<tr>
<td>F</td>
<td>165.3</td>
<td>83</td>
<td>3</td>
<td>pre</td>
</tr>
<tr>
<td>M</td>
<td>167.1</td>
<td>90</td>
<td>4</td>
<td>pre</td>
</tr>
</tbody>
</table>

8
To convert this to the wide format, the arguments `idvar` and `timevar` to `reshape()` are mandatory, and all other variables are assumed to be time-varying. This is what we do in the next example, where even `sex` is erroneously treated as time-varying.

```r
> reshape(d3, direction = "wide",
         idvar = "subject", timevar = "when")

subject sex.pre ht.pre wt.pre sex.post ht.post wt.post
1 1 M 161.8 81 F 166.7 69
2 2 M 176.7 72 F 169.1 85
3 3 F 165.3 83 M 169.9 90
4 4 M 167.1 90 F 177.9 83
5 5 F 161.0 76 F 150.9 72
```

To specify some variables as time-constant, the time-varying variables must be explicitly specified through `v.names`.

```r
> reshape(d3, direction = "wide",
         idvar = "subject", timevar = "when",
         v.names = c("ht", "wt"))
```

This gives a warning because `sex` is not really time-constant in the dataset we have created. Let us fix that:

```r
> n <- 10
> d4 <- data.frame(sex = rep(sample(c("M", "F"), n, rep = TRUE), 2),
                  ht = round(rnorm(2 * n, 165, 6), 1),
                  wt = round(rnorm(2 * n, 80, 6)),
                  subject = rep(1:n, 2),
                  when = rep(c("pre", "post"), each = n))
> reshape(d4, direction = "wide",
         idvar = "subject", timevar = "when",
         v.names = c("ht", "wt"), sep = "_")
```

```r
sex subject ht_pre wt_pre sex.post ht.post wt.post
1 F 1 170.7 84 176.2 77
2 F 2 170.0 77 169.0 78
3 F 3 160.1 93 163.2 89
4 F 4 167.9 76 168.2 77
5 M 5 171.1 76 169.9 82
6 F 6 168.9 81 159.2 73
7 F 7 171.3 73 159.9 72
8 M 8 163.2 83 176.3 88
9 M 9 179.9 72 162.6 88
10 F 10 170.8 81 159.1 80
```
To specify the resulting wide format variable names explicitly instead of using the automatically constructed defaults, we may use the `varying` argument as in wide-to-long conversion. As in that case, `varying` can be a vector of variable names, where the same caveats apply regarding order.

```r
> reshape(d4, direction = "wide",
    idvar = "subject", timevar = "when",
    v.names = c("ht", "wt"),
    varying = c("h_before", "w_before", "h_after", "w_after"))
```

<table>
<thead>
<tr>
<th>sex</th>
<th>subject</th>
<th>h_before</th>
<th>w_before</th>
<th>h_after</th>
<th>w_after</th>
</tr>
</thead>
<tbody>
<tr>
<td>F</td>
<td>1</td>
<td>170.7</td>
<td>84</td>
<td>176.2</td>
<td>77</td>
</tr>
<tr>
<td>F</td>
<td>2</td>
<td>170.0</td>
<td>77</td>
<td>169.0</td>
<td>78</td>
</tr>
<tr>
<td>F</td>
<td>3</td>
<td>160.1</td>
<td>93</td>
<td>163.2</td>
<td>89</td>
</tr>
<tr>
<td>F</td>
<td>4</td>
<td>167.9</td>
<td>76</td>
<td>168.2</td>
<td>77</td>
</tr>
<tr>
<td>M</td>
<td>5</td>
<td>171.1</td>
<td>76</td>
<td>169.9</td>
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<tr>
<td>F</td>
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<td>168.9</td>
<td>81</td>
<td>159.2</td>
<td>73</td>
</tr>
<tr>
<td>F</td>
<td>7</td>
<td>171.3</td>
<td>73</td>
<td>159.9</td>
<td>72</td>
</tr>
<tr>
<td>M</td>
<td>8</td>
<td>163.2</td>
<td>83</td>
<td>176.3</td>
<td>88</td>
</tr>
<tr>
<td>M</td>
<td>9</td>
<td>179.9</td>
<td>72</td>
<td>162.6</td>
<td>88</td>
</tr>
<tr>
<td>F</td>
<td>10</td>
<td>170.8</td>
<td>81</td>
<td>159.1</td>
<td>80</td>
</tr>
</tbody>
</table>

For more than one time-varying variable, it is safer to avoid the vector form and instead specify `varying` as a list or matrix.

```r
> reshape(d4, direction = "wide",
    idvar = "subject", timevar = "when",
    v.names = c("ht", "wt"),
    varying = list(c("h_before", "h_after"),
                    c("w_before", "w_after")))
```

<table>
<thead>
<tr>
<th>sex</th>
<th>subject</th>
<th>h_before</th>
<th>w_before</th>
<th>h_after</th>
<th>w_after</th>
</tr>
</thead>
<tbody>
<tr>
<td>F</td>
<td>1</td>
<td>170.7</td>
<td>84</td>
<td>176.2</td>
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</tbody>
</table>