# Package 'mlVAR'

# February 1, 2024

Package
Multi-Level Vector Autoregression
<b>n</b> 0.5.2
<b>ds</b> R (>= $3.3.0$ )
ts lme4, arm, qgraph, dplyr (>= 0.5.0), clusterGeneration, mvtnorm, corpcor, plyr, abind, methods, parallel, MplusAutomation, graphicalVAR, rlang
ainer Sacha Epskamp <mail@sachaepskamp.com></mail@sachaepskamp.com>
<b>ption</b> Estimates the multi-level vector autoregression model on time-series data. Three network structures are obtained: temporal networks, contemporaneous networks and between-subjects networks.
e GPL-2
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r Sacha Epskamp [aut, cre], Marie K. Deserno [aut], Laura F. Bringmann [aut], Myrthe Veenman [ctb]
itory CRAN
Publication 2024-02-01 07:10:21 UTC
pics documented:
getNet       2         importMplus       2         mlVAR       3         mlVAR-effects       6         mlVAR0       10         mlVAR0-methods       10         mlVARcompare       1         mlVARsample       1         mlVARsim       1         plot.mlVAR       14
MplusAutomation, graphicalVAR, rlang  ainer Sacha Epskamp <mail@sachaepskamp.com>  ption Estimates the multi-level vector autoregression model on time-series data.  Three network structures are obtained: temporal networks, contemporaneous networks and between-subjects networks.  the GPL-2  Compilation no  r Sacha Epskamp [aut, cre], Marie K. Deserno [aut], Laura F. Bringmann [aut], Myrthe Veenman [ctb]  itory CRAN  Publication 2024-02-01 07:10:21 UTC  pics documented:  getNet importMplus mlVAR mlVAR mlVAR mlVAR nllVAR nll</mail@sachaepskamp.com>

2 importMplus

Index																			18
	simulateVAR summary.mlV																		
	plot.mlVAR0					 													15

getNet

Gets a network structure

# **Description**

This function is simply a wrapper around the plotting method for mlVAR objects, that extracts the network structure rather than plotting them.

#### Usage

```
getNet(x, ...)
```

# **Arguments**

x An 'mlVAR' or 'mlVARsim0' object.
... Arguments sent to plot.mlVAR

# Author(s)

Sacha Epskamp < mail@sachaepskamp.com>

importMplus

Import output from Mplus

# **Description**

This function imports the output from an Mplus model that has been generated by mlVAR. It can be used to make manual changes to the input file.

# Usage

```
importMplus(outfile)
```

# **Arguments**

outfile Location of Mplus output file.

# Author(s)

Sacha Epskamp <mail@sachaepskamp.com>

mlVAR

Multilevel VAR Estimation for Multiple Time Series

# Description

The function mlVAR computes estimates of the multivariate vector autoregression model. This model returns three stuctures: temporal effects (e.g., lag-1 regression weights), contemporaneous relationships (correlations or partial correlations) and between-subject effects (correlations and partial correlations). See details.

# Usage

#### **Arguments**

data	Data frame
vars	Vectors of variables to include in the analysis
idvar	String indicating the subject ID
lags	Vector indicating the lags to include
dayvar	String indicating assessment day. Adding this argument makes sure that the first measurement of a day is not regressed on the last measurement of the previous day. IMPORTANT: only add this if the data has multiple observations per day.
beepvar	Optional string indicating assessment beep per day. Adding this argument will cause non-consecutive beeps to be treated as missing!
estimator	The estimator to be used. "lmer" for sequential univariate multi-level estimation, "Mplus" for multivariate Bayesian estimation (requires Mplus), and "lm" for fixed effects estimation.
contemporaneous	s

How should the contemporaneous networks be estimated? These networks are always estimated post-hoc by investigating the residuals of the temporal models. "correlated" and "orthogonal" run second multi-level models in which the networks are estimated using node-wise estimation. "fixed" and "unique" simply correlate the residuals, either by computing one network for all subjects (fixed) or a single network per per subject.

temporal How should the temporal effects be estimated? "correlated" estimates cor-

related random effects, "orthogonal" estimates non-correlated random effects and "fixed" estimates a model in which only the intercept is random. Defaults to "correlated" when the number of variables is less than 6 and "orthogonal" otherwise. "unique" uses 1m to estimate an unique model for each subject.

nCores Number of cores to use in computation

verbose Logical indicating if console messages and the progress bar should be shown.

scale Logical, should variables be standardized before estimation?

scaleWithin Logial, should variables be scaled within-person (set to FALSE to only center

within-person)

compareToLags A vector indicating which lags to base the data on. If the model is to be com-

pared with a model with multiple lags using mlVARcompare, this argument must be used to make sure the number of observations is the same in both models (e.g., a lag 1 model can model the second observation of a day and a lag-2 model can't, causing different number of observations and incomparable models). It is suggested to not use this argument unless you want to compare models, and always run mlVAR without using this argument afterwards in the selected model.

AR Logical, should an auto-regression only model be fitted?

MplusSave Logical, should the Mplus model file and output be saved?

MplusName Name of the Mplus model file and output (without extensions)

iterations The string used to define the number of iterations in Mplus

chains Number of Mplus chains

signs Optional matrix fixing the signs of contemporaneous correlations. Is estimated

by running mIVAR with estimator = "lmer" if missing.

orthogonal Deprecated argument only added for backward competability. Ignore.

#### **Details**

This function estimates the multi-level VAR model to obtain temporal, contemporaneous and between-subject effects using nodewise estimation. Temporal and between-subject effects are obtained directly from the models and contemporaneous effects are estimated post-hoc by correlating the residuals. See arxiv.org/abs/1609.04156 for details.

Setting estimator = "Mplus" will generate a Mplus model, run the analysis and read the results into R. Mplus 8 is required for this estimation. It is recommended to set contemporaneous = "fixed", though not required. For the estimation of contemporaneous random effects, the signs of contemporaneous \*correlations \* (not partial correlations) need be set (or estimated) via the signs argument.

#### Value

An mlVAR object

# Author(s)

Sacha Epskamp (mail@sachaepskamp.com)

#### References

Bringmann, L. F., Vissers, N., Wichers, M., Geschwind, N., Kuppens, P., Peeters, F., ... & Tuerlinckx, F. (2013). A network approach to psychopathology: New insights into clinical longitudinal data. PloS one, 8(4), e60188.

Hamaker, E. L., & Grasman, R. P. (2014). To center or not to center? Investigating inertia with a multilevel autoregressive model. Frontiers in psychology, 5.

Epskamp, S., Waldorp, L. J., Mottus, R., & Borsboom, D. (2017). Discovering Psychological Dynamics: The Gaussian Graphical Model in Cross-sectional and Time-series Data. arxiv.org/abs/1609.04156.

#### See Also

```
mlVARcompare, summary.mlVAR, plot.mlVAR
```

#### **Examples**

```
## Not run:
### Small example ###
# Simulate data:
Model <- mlVARsim(nPerson = 50, nNode = 3, nTime = 50, lag=1)
# Estimate using correlated random effects:
fit1 <- mlVAR(Model$Data, vars = Model$vars, idvar = Model$idvar, lags = 1, temporal = "correlated")</pre>
# Print some pointers:
print(fit1)
# Summary of all parameter estimates:
summary(fit1)
# Compare temporal relationships:
layout(t(1:2))
plot(Model, "temporal", title = "True temporal relationships", layout = "circle")
plot(fit1, "temporal", title = "Estimated temporal relationships", layout = "circle")
# Compare contemporaneous partial correlations:
layout(t(1:2))
plot(Model, "contemporaneous", title = "True contemporaneous relationships",
    layout = "circle")
plot(fit1, "contemporaneous", title = "Estimated contemporaneous relationships",
    layout = "circle")
# Compare between-subjects partial correlations:
layout(t(1:2))
plot(Model, "between", title = "True between-subjects relationships", layout = "circle")
plot(fit1, "between", title = "Estimated between-subjects relationships",
    layout = "circle")
# Run same model with non-correlated temporal relationships and fixed-effect model:
fit2 <- mlVAR(Model$Data, vars = Model$vars, idvar = Model$idvar, lags = 1,</pre>
    temporal = "orthogonal")
fit3 <- mlVAR(Model$Data, vars = Model$vars, idvar = Model$idvar, lags = 1,
```

6 mlVAR-effects

```
temporal = "fixed")
# Compare models:
mlVARcompare(fit1,fit2,fit3)
# Inspect true parameter correlation matrix:
Model$model$Omega$cor$mean
# Even though correlations are high, orthogonal model works well often!
### Large example ###
Model <- mlVARsim(nPerson = 100, nNode = 10, nTime = 100, lag=1)
# Correlated random effects no longer practical. Use orthogonal or fixed:
fit4 <- mlVAR(Model$Data, vars = Model$vars, idvar = Model$idvar, lags = 1,</pre>
    temporal = "orthogonal")
fit5 <- mlVAR(Model$Data, vars = Model$vars, idvar = Model$idvar, lags = 1,</pre>
    temporal = "fixed")
# Compare models:
mlVARcompare(fit4, fit5)
# Compare temporal relationships:
layout(t(1:2))
plot(Model, "temporal", title = "True temporal relationships", layout = "circle")
plot(fit4, "temporal", title = "Estimated temporal relationships", layout = "circle")
# Compare contemporaneous partial correlations:
layout(t(1:2))
plot(Model, "contemporaneous", title = "True contemporaneous relationships",
    layout = "circle")
plot(fit4, "contemporaneous", title = "Estimated contemporaneous relationships",
   layout = "circle")
# Compare between-subjects partial correlations:
layout(t(1:2))
plot(Model, "between", title = "True between-subjects relationships", layout = "circle")
plot(fit4, "between", title = "Estimated between-subjects relationships",
    layout = "circle")
## End(Not run)
```

mlVAR-effects

Fixed and random effects

#### **Description**

These functions return a table of the fixed and random effects.

FUNCTIONS ARE DEPRECATED AND WILL BE REMOVED SOON.

mlVAR0

#### Usage

```
fixedEffects(object, digits = 5)
randomEffects(object, digits = 5)
```

# Arguments

object A mlVAR object

digits Number of digits to output

#### Author(s)

Sacha Epskamp (mail@sachaepskamp.com), Marie K. Deserno (m.k.deserno@uva.nl) and Laura F. Bringmann (laura.bringmann@ppw.kuleuven.be)

mlVAR0

Multilevel VAR Estimation for Multiple Time Series

# **Description**

The function mlVAR0 computes estimates of the multivariate vector autoregression model as introduced by Bringmann et al. (2013) which can be extended through treatment effects, covariates and pre- and post assessment effects.

FUNCTION IS DEPRECATED AND WILL BE REMOVED SOON.

# Usage

# **Arguments**

data	Data frame
vars	Vectors of variables to include in the analysis
idvar	String indicating the subject ID
lags	Vector indicating the lags to include
dayvar	String indicating assessment day (if missing, every assessment is set to one day)
beepvar	String indicating assessment beep per day (if missing, is added)
periodvar	String indicating the period (baseline, treatment period, etc.) of assessment (if missing, every assessment is set to one period)

treatmentvar Character vector indicating treatment

covariates Character indicating covariates independent of assessment.

timevar Character indicating the time variable

maxTimeDiff Maximum time differece to include observation pairs

control A list of arguments sent to lmerControl verbose Logical to print progress to the console

orthogonal Logical to indicate if orthogonal estimation (no correlated random effects) should

be used. Defaults to FALSE if the number of nodes is less than 6 and TRUE other-

wise

estimator Estimator to use. Note: 1mmlasso implementation is very experimental

method Method to use. Experimental

laginteractions

Experimental, do not use.

critFun Experimental, do not use.
lambda lmmlasso lambda parameter

center Centering to be used. "inSubject" uses within-person centering, "general"

uses grand-mean centering and "none" does not use centering. IMPORTANT NOTE: "inSubject" leads to coefficients to resemble within-person slopes, the other centering option leads to coefficients to be a blend of within and between

person slopes.

#### **Details**

mIVAR0 has been built to extract individual network dynamics by estimating a multilevel vector autoregression model that models the time dynamics of selected variables both within an individual and on group level. For example, in a lag-1-model each variable at time point t is regressed to a lagged version of itself at time point t-1 and all other variables at time point t-1. In psychological research, for example, this analysis can be used to relate the dynamics of symptoms on one day (as assessed by experience sampling methods) to the dynamics of these symptoms on the consecutive day.

#### Value

mlVAR0 returns a 'mlVAR0' object containing

fixedEffects A matrix that contains all fixed effects coefficients with dependent variables as

rows and the lagged independent variables as columns.

se.fixedEffects

A matrix that contains all standard errors of the fixed effects.

randomEffects A list of matrices that contain the random effects coefficients.

randomEffectsVariance

A matrix containing the estimated variances between the random-effects terms

pvals A matrix that contains p-values for all fixed effects.

pseudologlik The pseudo log-likelihood.

BIC Bayesian Information Criterion, i.e. the sum of all univariate models' BICs

input List containing the names of variables used in the analysis

#### Author(s)

Sacha Epskamp (mail@sachaepskamp.com), Marie K. Deserno (m.k.deserno@uva.nl) and Laura F. Bringmann (laura.bringmann@ppw.kuleuven.be)

#### References

Bringmann, L. F., Vissers, N., Wichers, M., Geschwind, N., Kuppens, P., Peeters, F., ... & Tuerlinckx, F. (2013). A network approach to psychopathology: New insights into clinical longitudinal data. PloS one, 8(4), e60188.

#### See Also

fixedEffects, fixedEffects

# **Examples**

```
## Not run:
### Small network ###
nVar < -3
nPerson <- 25
nTime <- 25
# Simulate model and data:
Model <- mlVARsim0(nPerson,nVar,nTime,sparsity = 0.5)</pre>
# Run mlVAR0:
Res <- mlVAR0(Model)</pre>
# Compare true fixed model with significant edges of estimated fixed model:
layout(t(1:2))
plot(Model, "fixed", title = "True model", layout="circle", edge.labels = TRUE)
plot(Res,"fixed", title = "Estimated model", layout = "circle", onlySig = TRUE,
        alpha = 0.05, edge.labels = TRUE)
# Compare true and estimated individual differences in parameters:
layout(t(1:2))
plot(Model, "fixed", title = "True model",layout="circle", edge.color = "blue",
        edge.labels = TRUE)
plot(Res, "fixed", title = "Estimated model", layout = "circle", edge.color = "blue",
        edge.labels = TRUE)
# Compare networks of subject 1:
layout(t(1:2))
plot(Model, "subject", subject = 1, title = "True model", layout="circle",
        edge.labels = TRUE)
plot(Res, "subject", subject = 1, title = "Estimated model", layout = "circle",
        edge.labels = TRUE)
### Large network ###
nVar <- 10
```

10 mlVAR0-methods

```
nPerson <- 50
nTime <- 50
# Simulate model and data:
Model <- mlVARsim0(nPerson,nVar,nTime, sparsity = 0.5)</pre>
# Run orthogonal mlVAR:
Res <- mlVAR0(Model, orthogonal = TRUE)</pre>
# Compare true fixed model with significant edges of estimated fixed model:
layout(t(1:2))
plot(Model, "fixed", title = "True model", layout="circle")
plot(Res,"fixed", title = "Estimated model", layout = "circle", onlySig = TRUE,
        alpha = 0.05)
# Compare true and estimated individual differences in parameters:
layout(t(1:2))
plot(Model, "fixed", title = "True model", layout="circle", edge.color = "blue")
plot(Res, "fixed", title = "Estimated model", layout = "circle", edge.color = "blue")
# Compare networks of subject 1:
layout(t(1:2))
plot(Model,"subject",subject = 1, title = "True model",layout="circle")
plot(Res,"subject",subject = 1,title = "Estimated model", layout = "circle")
## End(Not run)
```

mlVAR0-methods

print and summary functions for mlVAR0 objects

#### **Description**

Create a short summary of an object created by mlVAR0.

FUNCTION IS DEPRECATED AND WILL BE REMOVED SOON.

#### Usage

```
## S3 method for class 'mlVAR0'
print(x, ...)
  ## S3 method for class 'mlVAR0'
summary(object, ...)
```

#### **Arguments**

object A "mlVAR0" object
x A "mlVAR0" object
... Not used

mIVARcompare 11

#### Author(s)

Sacha Epskamp (mail@sachaepskamp.com), Marie K. Deserno (m.k.deserno@uva.nl) and Laura F. Bringmann (laura.bringmann@ppw.kuleuven.be)

mlVARcompare

Compare mlVAR model fit

#### **Description**

This function compares the fit of several mIVAR models. Since an mIVAR model is a combination of univariate models this function will compare the fits for each univariate model.

#### Usage

```
mlVARcompare(...)
```

#### **Arguments**

... Any number of objects obtained from mlVAR

#### **Details**

Important to note is that the number of observations must be equal to make models comparable. If the lags are different and compareToLags was not used in mlVAR this function will stop with an informative error message.

#### Author(s)

Sacha Epskamp (mail@sachaepskamp.com)

# **Examples**

12 mlVARsample

mlVARsample	Simulator function given an mlVAR object	

#### **Description**

Simulates data based on an mlVAR object, estimates the mlVAR network model based on the simulated data and compares the estimated network to the mlVAR object network.

# Usage

```
mlVARsample(object, nTime = c(25,50,100,200), nSample = 100, pMissing = 0,
    nReps = 100, nCores = 1, ...)
## S3 method for class 'mlVARsample'
summary(object, ...)
```

#### **Arguments**

object	mlVAR object, or mlVARsample object in the summary method
nTime	Vector with number of time points to test.
nSample	Number of individuals in the dataset. It is possible to decrease the number of individuals compared to the individuals in the mlVAR object. However, it is not possible to have more individuals than there are in the mlVAR object.
pMissing	Percentage of missing data to be simulated.
nReps	Number of repetitions for each condition.
nCores	Number of cores to use.
	Arguments sent to mlVAR.

#### **Details**

This function simulates data based on the mIVAR object. The individual networks (random effects) are used to simulate data using the graphicalVARsim function from the graphicalVAR package (Epskamp, 2020). The individual data is combined into one dataset. This dataset is used to estimate the mIVAR network.

For every condition, the function returns four values per network comparison measure (correlation, sensitivity, specificity, bias, and precision): one for the fixed temporal effects, one for the fixed contemporaneous effects, the mean comparison value of the random temporal effects, and the mean comparison value of the random contemporaneous effects.

#### Author(s)

Sacha Epskamp <mail@sachaepskamp.com>

mIVARsim 13

#### References

Sacha Epskamp (2020). graphicalVAR: Graphical VAR for Experience Sampling Data. R package version 0.2.3. https://CRAN.R-project.org/package=graphicalVAR

#### See Also

```
mlVARsim, mlVAR
```

#### **Examples**

mlVARsim

Simulates an mlVAR model and data

# Description

Simulates an mIVAR model and data with a random variance-covariance matrix for the random effects.

#### Usage

```
mlVARsim(nPerson = 10, nNode = 5, nTime = 100, lag = 1, thetaVar = rep(1,nNode), DF_theta = nNode * 2, mu_SD = c(1, 1), init_beta_SD = c(0.1, 1), fixedMuSD = 1, shrink_fixed = 0.9, shrink_deviation = 0.9)
```

# Arguments

nPerson Number of subjects nNode Number of variables

nTime Number of observations per person

14 plot.mlVAR

The maximum lag to be used

thetaVar Contemporaneous fixed effect variances

DF\_theta Degrees of freedom in simulating person-specific contemporaneous covariances (e.g., the individual differences in contemporaneous effects)

mu\_SD Range of standard deviation for the means

init\_beta\_SD Initial range of standard deviations for the temporal effects

fixedMuSD Standard deviation used in sampling the fixed effects

shrink\_fixed Shrinkage factor for shrinking the fixed effects if the VAR model is not stationary

aı

shrink\_deviation

Shrinkage factor for shrinking the random effects variance if the VAR model is not stationary

#### Author(s)

Sacha Epskamp (mail@sachaepskamp.com)

plot.mlVAR

Plot Method for mlVAR

#### **Description**

The function plot.mlVAR plots estimated model coefficients as networks using qgraph. These can be three networks: temporal, contemporaneous and between-subjects effects, of which the latter two can be plotted as a correlation or a partial correlation network.

#### Usage

#### **Arguments**

x An mlVAR object.

type What network to plot?

lag The lag to use when type = "temporal"

partial Logical, should partial correlation matrices be p

Logical, should partial correlation matrices be plotted instead of correlation methods? Only used if type is "contemporaneous" or "between". Defaults

to TRUE.

plot.mlVAR0

SD	Logical. Plot the standard-deviation of random effects instead of the fixed effect estimate?
subject	Subject number. If not missing, will plot the network of a specific subject instead.
order	An optional character vector used to set the order of nodes in the network.
nonsig	How to handle non-significant edges? Default will hide non-significant edges when p-values are available (fixed effects, partial correlations and temporal effects).
rule	How to choose significance in node-wise estimated GGMs (contemporaneous and between-subjects). "or" selects an edge as being significant if one node predicting the other is significant, and "and" requires both predictions to be significant.
alpha	Alpha level to test for significance
onlySig	Deprecated argument only used for backward competability.
layout	The layout argument used by qgraph
verbose	Logical, should message be printed to the console?
	Arguments sent to qgraph

# Author(s)

Sacha Epskamp (mail@sachaepskamp.com)

plot.mlVAR0	Plot Method for mlVAR0	

# Description

The function plot.mlvAR0 plots estimated model coefficients as a network using qgraph. FUNCTION IS DEPRECATED AND WILL BE REMOVED SOON.

# Usage

# Arguments

X	A mlVAR0 object obtained through the mlVAR0-function
type	Indicates whether to plot a network of fixed effects coefficients ("fixed"), the standard deviations of the random effect terms ("SD") or an individual subject's random effects network ("subject").
lag	Vector indicating the lags to include

16 simulateVAR

subject	If type="subject", vector indicating the ID subject number
order	Order of nodes
onlySig	Logical. Set to TRUE to only plot significant fixed effects.
alpha	Significance level to test edges at if onlySig == TRUE. Defaults to Bonferonni corrected alpha level of 0.05 divided by the number of fixed effects.
	Arguments sent to qgraph

# Author(s)

Sacha Epskamp (mail@sachaepskamp.com), Marie K. Deserno (m.k.deserno@uva.nl) and Laura F. Bringmann (laura.bringmann@ppw.kuleuven.be)

Simulate data from VAR mod
----------------------------

# Description

Simulates a timeseries using VAR parameters

# Usage

# Arguments

pars	A square matrix or a list of square matrices indicating the VAR parameters
means	A vector of means.
lags	The lags to which the 'pars' argument parameters correspond. If 'pars' is a list then this argument should be a vector indicating which lags are represented by each element of the 'pars' list.
Nt	Number of time points
init	Initial setup. Must be a matrix of the first lags with rows corresponding to time points and columns corresponding to variables (e.g., if only two lags are used then the matrix must have two rows indicating the first two times points.)
residuals	Standard deviation of the residuals or a residual covariance matrix
burnin	Initial simulations not returned. Defaults to min(round(Nt/2), 100).

#### Author(s)

Sacha Epskamp (mail@sachaepskamp.com), Marie K. Deserno (m.k.deserno@uva.nl) and Laura F. Bringmann (laura.bringmann@ppw.kuleuven.be)

summary.mlVAR 17

summary.mlVAR	Summary of mlVAR results	

# Description

Prints tables with fit indices and parameter estimates.

# Usage

# Arguments

```
object An mlVAR object.
show Which tables to show?
round Number of digits.
x An mlVAR object.
... Not used
```

#### Author(s)

Sacha Epskamp (mail@sachaepskamp.com), Marie K. Deserno (m.k.deserno@uva.nl) and Laura F. Bringmann (laura.bringmann@ppw.kuleuven.be)

# **Index**

```
fixedEffects, 9
fixedEffects (mlVAR-effects), 6
getNet, 2
importMplus, 2
lmerControl, 8
mlVAR, 3, 11, 13
mlVAR-effects, 6
mlVAR0, 7, 10, 15
mlVAR0-methods, 10
mlVARcompare, 4, 5, 11
mlVARsample, 12
mlVARsim, 13, 13
plot.mlVAR, 2, 5, 14
plot.mlVAR0, 15
plot.mlVARsim(plot.mlVAR), 14
print.mlVAR (summary.mlVAR), 17
print.mlVAR0 (mlVAR0-methods), 10
qgraph, 15, 16
randomEffects (mlVAR-effects), 6
simulateVAR, 16
summary.mlVAR, 5, 17
summary.mlVAR0 (mlVAR0-methods), 10
summary.mlVARsample(mlVARsample), 12
```